

## **The Truth About Time: It does not exist except as you say it does**

Time is a funny thing. A very funny thing. The biggest trick time ever played on us was to make us think it was real, and that we were under its full control. Yet, time is a complete illusion, a strong and persistent illusion.

What wonderful news that is! Time is an illusion created by you. Once you understand how this illusion is created by you, you then begin to re-create it as you wish, consciously and deliberately instead of unconsciously and accidentally as you may have been doing.

What is time? What do I have to do with time? How should I think and be about time so that I may experience wealth and other things in larger quantities faster? This chapter will begin to answer these questions. In other chapters in this book, these concepts will become more real to you.

The only time that truly exists is Now...

The distinction between past, present and future is only an illusion, however persistent -  
Albert Einstein

- I AM WEALTH. I AM ABUNDANCE. I AM JOY -

*Whether time is long or short, and whether space is broad or narrow, depend upon the mind. Those whose minds are at leisure can feel one day as a millennium, and those whose thoughts are expansive can perceive a small house to be as spacious as the universe. - Hung Tzu-ch'eng*

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Time flows in all directions, not forwards only as it appears to. The past, present and future exist simultaneously.

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Here is an easy explanation of what time is. This is an extremely simplified explanation but it will do for now. Imagine a football or soccer field with 10 objects spread around it. Now, imagine that a certain object A represents a child being born and a certain object B represents being a 10 year old child. If object A was to travel to object B, that travel would take what you now call '10 years of time'. That is 10 human years of a child growing up. Now, it gets a little complex: What if that football field was to shrink? Object A would reach B and pass through all the experiences of 10 years of childhood, but the sensation of time would change. In other words, 10 years would feel very different. If that field shrunk enough, ten years could feel like an instant. And you have experienced this often. When you are having a great time, you feel as if time flew by. You did not notice the hours pass; yet your watch said they passed, because your watch is designed to take the same amount of 'time' to move from one second marker on the clock face to the next. But you are not designed that way. Time is the moving of your consciousness past pre-existing events in the space-time continuum. You will soon see what this is.

The field of life that we live in is not static – it keeps changing its dimensions. That is why we have to keep readjusting our watches worldwide all the time for this crazy thing called time to make sense for us – but only because we think of time as consistent slices of periods. It is not. It is merely our misinterpretation of our consciousness moving by one pre-existing event in the field of Life to the next event, as you shall soon see. The field of life is not static, nor does our consciousness move at a fixed speed. The field may not change that fast for us, and our consciousness may not change its rate that fast unless we will it to do so, and that is why we do not usually notice these differences that much and see that time is not constant.

But if you were to travel very fast in a spaceship, as you may well have heard from Einstein's Theory of Relativity, you can slow down time or even go back in time. Time is more of a sensation of passing events and the faster or slower you pass these events, the faster or slower the calibration of time changes. It is not the taking of time that changes; it is the calibration of time (one minute no longer takes one minute).

Ok, back to the soccer field. Imagine you were one of the objects. You would feel time as you move around the field passing other objects that you see, isn't it? Yes. Now, imagine if you were born moving faster, say three times the speed. Time would seem shorter. Now, imagine you were the soccer field itself! Or even an object large enough to cover the whole field. Now we are talking! Time would cease to exist for you. Because you are the field and you can feel, touch, and be with all the objects on you at the same time always, there would be no travel from one object to another. It would all be happening Here, Now. All of it. All the 10 objects would be happening at the same 'time' for you, always. This is the eternal moment of Now, Here. Everything that can possibly happen in the universe, everything that can possibly be created, the past, present and future, are all running all at the same 'time' in one huge field. Your consciousness and awareness are awake to only a small section of this field at any one 'time' and as you move them about from one point to another, you experience 'time', experiencing a sensation of past, present, and future. The field itself does not experience time; it only experiences an eternal process that is always happening all at one go, Now, Here, Always, All Ways. You can think of the whole field as The Source.

As you expend your consciousness and awareness, as you take up more and more of the field, and time shrinks for you. Can you see that? Now the amazing thing is that, the mind and the Self (or soul or spirit, whichever you are used to referring to) is a lot larger than your physical body. We are used to thinking of the soul or Self as a little thing contained inside our body. That is just human thinking – relating things to containers. Have you ever considered that the soul, being far more powerful than the body, actually holds the body together and surrounds it? And the mind holds the brain and nervous system together and surrounds it? If you have considered that the soul and mind are larger than the body and brain, have you ever considered where they end? How many feet away from your body? Or is it how many miles away? Or how many light years away from your body does your soul end? It is not impossible that your Soul and Mind are a billion times larger than your body (why not?). They are infinite and eternal.

Yet, this humongous powerful Self is you. Anyway, let us get back to wealth. Understanding time clearly, how it works and how to take control of it, and understanding your Self and your Self's composition and relation with everything else physical and non-physical, is of high importance if you wish to experience massive wealth 'fast'. It is all a matter of expanded consciousness, right state and right thought and choice. These lead to your consciousness becoming awake to wealthy parts of the whole and doing so in wider circles.

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Now is the only moment that exists. An eternal moment of Now is all there is. You can remember the past and dream the future but you can only *be, exist*, Here, Now. Make an irrevocable commitment to yourself to make Now the best moment of your life ever!

- I AM WEALTH. I AM ABUNDANCE. I AM JOY -

Do not dwell in the past, or live in the future. Your only moment is Now. Dwell in Now.

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As you will soon see, your outer world mirrors your inner world. You will see in this book how this is so.

Do you feel as if you do not have enough time to do what you wish to do? People short of time on the outside are short of it on the inside. They act, think, and speak believing they are short of time. Stop thinking and saying you do not have enough time. Do not believe that for a second. The universe has no shortages of anything including time, and neither do you, except for the ones that you build for yourself. Believing in any sort of shortage makes your consciousness smaller and slower so that you may experience what you believe in.

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The present moment is the greatest gift you can have. It is perfectly created for you according to your stated designs. You state these designs by the thoughts, states of being, words, and actions that you held most true to yourself earlier. The present is something that you send yourself, a perfectly pre-sent moment. It allows you to experience, taste, review, and change your past thoughts, states of being, words and actions. Be grateful for the present, for you know you can change it, for it allows you to experience your Self, for its entire existence is to serve you. Cursing, condemning and judging the present moment will only keep it as it is longer. What you resist, judge, and condemn persists. What you embrace and bring to the light for non-judgmental, honest and clear examination reveals the lessons you are looking for, the key to the next level that you seek.

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*Time is only an illusion produced by the succession of our states of consciousness as we travel through eternal duration, and it does not exist where no consciousness exists in which the illusion can be produced; but 'lies asleep.'* - H. P. Blavatsky

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*The future influences the present just as much as the past. - Nietzsche*

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The first time you do something is a journey of discovery. You take in the details and learn many new things. At this point, there are no labels and memories to enable you to pre-judge the new experience. Learning is at its highest. The hundredth time you do it is often very different. For most people, repetition brings about unconsciousness. Most people do and see the things that occur most often in their lives in an unconscious and unaware state. Because they have seen or done something once, they turn to relying on their memories of it and labels about it that they built in their minds the first time. Learning and discovery drops to zero. Memories of the past experiences take over. What good does it serve you to live today based on your memory of it yesterday? You miss the gift of the present moment totally! In your business or work, do you take an absolutely fresh look at your work, workmates and customers each new day, or do you go by how you 'know' them in their past?

Everything changes, and using memory keeps you from seeing that change, seeing things as they truly are. Try to 'forget' everything about what you are looking at, and you will discover a whole new world, and you will grow a whole lot faster, grow your wealth and self a whole lot quicker.

Think about it. It is quite often that a stranger will complement your work mate or spouse over something that you totally miss every day because you do not look at them as if they were totally new to you. Memory has its place, but many people overuse it, often in an unbeneficial way.

Decide right now to face every experience anew by choosing to forget that you have ever faced it before. Decide not to anticipate a specific appearance or behavior, an anticipation based on your memory and emotions. Practice detachment of outcome, but have certainty of your choices and intention, and you will find a world that has been hiding from you all along, right in front of your eyes all along.

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Choose happiness, present moment living, and joy at all times. Thank the present moment for all it brings you in enjoyable experiences and in its opportunities to see yourself as you were before and to grow to an even greater self.

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Bring into the present moment your awareness, consciousness, thoughts and ‘looking’. Life and all your opportunities to move forward are in the present, the ever-present moment of Now, Here.

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Do not ‘throw’ yourself forward into where you wish to be all day long. Imagination about the future is great, for it is what you use to create your future. But the present has great value. Only through acting and living in the present can you get to the future. Do not spending all day daydreaming about a future time, saying ‘if only’, mentally escaping your present and dwelling in an imaginary tomorrow, going on about the whole day in a dreamlike state, being only half aware and conscious of the details going on in your day – these things actually slow you down on your trip to a better tomorrow. Just as it is necessary that you set future goals, it is necessary that you embrace and experience the present and act in it consciously and with awareness, if you wish to progress. Remember, the universe can only use the present moment to send you clues, people, events and opportunities to advance – it cannot use the imaginary future in your head. Instead of chasing a better future by throwing your consciousness into the future, bring it back to the present and let the future chase it there.

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Now, Here.

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*The wheels of time are mysterious. Time is a concept of mind. Without mind, there is no concept of time. Annihilate the mind. You will go beyond time. You will enter the realm of Timeless. You will live in the Eternal. – Sivananda*

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*Do not dwell in the past. Do not dream of the future. Concentrate the mind on the present moment. - Buddha (B.C. 568-488)*

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Be careful how you set deadlines for yourself. Time does not exist as an absolute. Quantum physics, our spirituality and our understanding of eternity all tell us that the only time that truly exists is Now, and the only place is Here. Here, Now. For example,

imagine that you had a goal of becoming a millionaire or a billionaire in a year. Think about this: why did you choose one year? It is a very arbitrary date or deadline. It is a mere grab at a date. It is possible that The Source can create that millionaire or billionaire outcome in an instant. Nothing is difficult for The Source, God. So why set a random date for the accomplishment of what can be accomplished at the blink of an eye, or at a time that is best suited for you that you may not have thought of right now?

Making deadlines for yourself also introduces fear and doubt (will you make it by that date?), and often actually slows you down (what if you could have done it a lot sooner but your mind keeps looking at the far away date?). It also makes detachment difficult, which is crucial for letting the infinite and unpredictable organizing power of The Source work optimally for you.

On the other hand, saying ‘one day I will be a millionaire or billionaire’ is no good at all; it is even worse. Instead, think of Now as the only time. See it and know it to be the only real time. ‘I am Now a millionaire’. Now. I Am. That is how you should always think, act, speak and feel about everything. When people ask you when, say soon. Jesus always said ‘soon’ when asked ‘when’ by anyone. Soon fits a whole lot better in the Now, Here scheme of things than setting a specific date. In your mind, its all Now, becoming, has always been.

Remember, even quantum physics proves to you that time is not what you think it is. When you say ‘I am a millionaire now’ and the physical evidence around you does not show that, this does not mean that you are lying to yourself. Indeed, the moment of Now holds all existence in all possibilities, all at one time, including you being wealthy. That statement is true, it is the eyes that lie. Einstein once said that no matter how persistent the illusion of time may be, the illusion of past, present and future, it is still an illusion.

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Have patience with the unfolding of things. If you rush or force them, you interfere and slow them down. Nature is perfect. If you wish for faster results, the right way to shorten time is raising your certainty, increasing the clarity of your imagination, being of one mind (do not keep changing your mind), concentrating, and most importantly, raise your awareness from the level of your conscious only to that of your conscious, subconscious and superconscious mind and self. Most people are unaware of their subconscious and superconscious selves. If you perfect awareness, imagination, faith, certainty and clarity, you can create results instantly. You are now beginning, and you will get better as ‘time’ goes by – just be deliberate in these things and choose to be more aware and certain and it will happen. But do not be impatient because that throws you into a state of wanting, and this delays results even further.

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