

Goals: The road map to and in wealth

There is a certain way in which you should set your goals. What are goals really supposed to be for? Goals get you thinking in the right way to wealth. Goals focus your thoughts, format them in the right way for the universe, and keep your images consistent and non-random. Hence, there is a right way to set goals.

A lot has been said before on the importance of setting goals. This is nothing new. What you are about to now see, however, is quite likely new to you. You will now see how you should set goals to get to wealth fast. Setting goals is well enough, but setting goals correctly is tremendously powerful.

Welcome to the world of powerful goals! Your goals are the prophecies of what you shall one day become...

If you do not know where you are going, you will end up exactly there (where?). If you fail to plan, you plan to fail. If you have no specific goals, you will get no specific results. Remember, The Source takes your thoughts, your images of your mind, and manifests them into your reality. You see exactly how this happens scientifically in the Quantum Physics chapter. But your thoughts and images are the blueprint by which your world is designed and created by and for you. Goals are planned thoughts, directed thoughts. Without planned and directed thought, your life will be unplanned and undirected, seemingly haphazard and seemingly unreliable.

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Simply know where you are going and the answers as to how you will get there will come to you on their own time. Do not worry about it. Simply believe that you will get there.

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Your ideas, visions and dreams, whatever they may be, are the prophecies of what you shall one day become and achieve. You can predict your outer life tomorrow by looking at your inner self today. You can change your tomorrow by changing your inner self today.

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Take goals seriously. A twenty-year study involving students in a certain Ivy League university in the USA traced the lives of one graduating class. 3% of that class had their own written goals at the start of the study. By the end of the 20 years, that 3% who started with written goals and plans were worth more financially than the other 97% combined. They also reported more satisfaction and joy with their lives.

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The visionaries and dreamers of the world are the saviors and driving force behind it. These are the inventors, artists, philosophers, educators, sages, business people, designers, scientists, leaders, and so on – anyone who dreams big and creates. The world lives in their ideas and ways and it cannot let their ideas die fruitlessly. The world is beautiful because of the dreamers and visionaries. The world and the universe as a whole are in full support of these dreams, if only the dreamer were to believe this and act that way. The universe, the world, The Source, God, is friendly and supportive of your dreams and aspirations. Simply have a vision, believe in that vision, and you will without fail realize it to the extent that you believe you will. All else is in your favor. So, dream very big! Dream very, very big indeed!

Conformity can be your worst enemy. If you do what the crowd does, you will get what the crowd gets. Everyday, people get up in the morning, go to work like everyone else, and do things like everyone else. But ask them why they do it and they just do not really know. They just work hard all day because everyone else does, and their reason for working is that they wish to pay their bills and provide for themselves and their family.

If you are 30 years old, working hard like everyone else, like the rest of the crowd, and that is all you are doing, you can easily tell, roughly, where you will be in life when you turn 50 by looking at the 50 years old crowd today. Are most 50 year olds today financially independent or wealthy? No, they are not. The vast majority of people today are not wealthy or financially independent. But they could be. If only they just did not follow the crowd just because 'it's the way it is done'.

To get something better than the crowd gets you have to do one thing different: and that is to have specific goals, reasons, visions, and wealth consciousness. By reading this book, you have started to something different and wealth causing. By practicing it daily, you complete the requirements for wealth.

Realistically speaking, you can be self-made wealthy and financially independent even at 18 years of age or less. It all depends on how early, strongly, accurately, and believingly you start your goal setting, envisioning, and wealth-consciousness building. Hard work alone is not the key to wealth. People have gotten wealthy with and without hard work. Wealth consciousness as a whole is the key. And goal setting in the right way is the map.

There is a mistake some people make when they achieve their goals. This mistake takes them back down. The best way to understand this mistake is to illustrate it. Let us say that a person has a goal of having a million dollars in their bank account soon, and now they have four thousand dollars in their account. So, they do all the right things, set their goals, visualize, get certain, act and do all that. They keep their vision of that million high and they achieve it. Now when that account shows one million dollars, they get happy, of course, then they start the mistake. And that mistake is that they now start looking at the bank account, trying to maintain their precious old goal, worrying when it drops below their goal level, and so on. They switch their sight from that of an unachieved higher goal and they start looking at the achieved past goal. They start living in the past, trying to maintain the past. Then they start worrying, and it goes on like that until they lose that million. They stop doing what they were doing right in the first place to get to their goal, and they start living as they used to.

Always set your goals higher than your present reality. This does not mean that you are never to be satisfied with your achievement. This does not mean that you should get greedy. No. On the contrary, it means that you should enjoy every day without worry. You should not worry about losing what you got. You should not worry about

maintaining that million you just made. Instead, make the million, enjoy making it and having it, but when you reach that million, do not switch to worrying about keeping it. Instead, set a new higher goal and have your eye on that new goal, but enjoy your old successes without a worry of maintaining them. In any case, it is folly to worry, as the worry itself is what would bring you down.

Wealth consciousness and all its activities are a lifestyle, not something you do occasionally. Your thoughts, being and goals should always be on the next grander version of you, not the past version.

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Be careful how you set your goals and visions. The heart, also called the subconscious, has a tendency to take in and internalize the un-negated part of a vision or statement. For example, if one of your goals is to never miss paying your bills on time again, it can be harmful to make the goal statement 'I will never miss paying my bills again'. That is because only the 'miss paying my bills again' may be taken in, due to the bringing up of fear that statement brings about as soon as you say it. Instead, make it out to be 'there is always more than enough money to live the life I choose, to enjoy myself and to invest'.

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Failing to plan is planning to fail. Plan and set goals and visualize them. Master this skill.

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Keep your goals always beyond your comfort zone. If you achieve all your goals and fail to create new bigger ones, you stop to grow. That can be dangerous, even though it may feel comfortable. Did you know that most people start getting the symptoms and diseases associated with old age within a few months of retirement? Through retirement, they signal to their brains and body that life is now wrapping up, coming to an end, society does not require their services any longer, and certain functions can now start to switch off. Retirement is not the problem; it is the signals that people accept that is the problem. Again, there is nothing wrong with retirement, but watch your signals. The lack of goals to achieve can be dangerous to your health, unless it is what you wish to have. Goals do not have to be about money and career. There are countless of worthy things to set goals on all over the world that have nothing to do with making money or a career, from personal goals such as sports, travel and hobbies, to global goals such as environmental and charity work.

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You do not ever have to know how you will reach your goal. Just do your part, let go, and you will reach it.

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Do not live by accident or by default. Live by design. Design your life using goals, visualization, imagination, and plans - all done consistently, daily, clearly, accurately, and with details.

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It is not enough to set goals. Goals must also be set in a certain way, a right way that is most friendly to the universal laws. These are the right goal setting steps:

1. List what you would like to have, do and be between now and the next 30 years. List everything you can think of, small and large. Places to visit, things to have, residences, experiences, partners, skills to acquire, things to do, people to meet, projects, charities, health, habits – everything! This is not a list of what you think you can achieve. It is a list of what would give you the most incredible life of you liking, whether you think you can achieve it or not. A life that is unbelievably fantastic for you. Your list should have at least 100 things in there – it is not hard to come up with at least 100 things for 30 years. To be very wealthy, have about 5,000 things – even small details regarding your desires should be in there.
2. For each goal you listed, write the reasons why you wish to have it. If for example you wish to have a large home, write down the reasons why. In other words, what will you do with and in this home? Put drama into it. Reasons empower your goal and make it easier to imagine and visualize and attain it. They give life to it and make the subconscious accept it a whole lot better.
3. Get cuttings from magazines, brochures, the Internet, photographs, etc, of the items in your goals and stick them in your journal. Start a goals and visualizations journal on paper or computer. In it, place pictures of the things you wish to have - cars, stocks, buildings, boats, land, travel, clothes, or anything else. Refer to it often – twice a day is highly recommended. The more real and detailed your visualization and imagination is, the faster and more accurately you will realize your goals. Pictures are very important to have in your life.
4. Everyday, read your list, look at your pictures, and then spend at least 20 minutes twice a day imagining, animating, and visualizing in detail all your goals. If you meditate, and it is highly recommended that you do your goal visualization, do your goals visualization in meditation as well. Meditation puts you closest to The Source, the best place you can be to plant your seed of visions into the field of infinite possibilities and creation.

5. Then, Here, Now, do something that takes you closer to your goal. There is always something to do now, however small. It will open the next step to you, a step that may be unseen until that first act is taken. Every act is an act of self-definition and creation. Act deliberately and with awareness so that each act takes you closer to your goals, not further. Act with purpose.
6. Do everything with gratitude. Think, speak and act with gratitude, the gratitude of knowing you are guaranteed success if you act in the ways of these laws. Gratitude is a statement of certainty. That is power. Be genuinely grateful and excited about the fact that you already have your goals realized, for they will be by universal law, guaranteed, and so they are. This type of gratitude works wonders.
7. Enjoy your fruits, enjoy experiencing your goals when they manifest into your reality! They are sure to do so, guaranteed by universal law.

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Make sure your goals and visualization journal is portable. No point getting a journal that only stays home. You should also record important thoughts in it that you have, plus experiences, and conditions. Record as much as possible on your journal at the end of each day or whenever it is most convenient for you. A journal greatly helps you discover and create yourself accurately. Do not worry about the structure of your journal – just make it easy to use for you.

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Thank you for reading the free **first half** of this chapter. The **second half** of this chapter:

1. **Explains** these concepts further and in more detail
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